The Crees and Quebec are talking

Story on page 5









#### Pontiac Buick Itée

New & Used Vehicles
Service, repairs, bodyshop
Insurance claims
Parts, electrical, plumbing
Hardware

Contact us for information & prices

Véhicules neufs & usagés
Service, réparation, débosselage
Réclamation d'assurance
Pièces, électricité, plomberie
Quincaillerie

Contacter nous pour les informations et prix

Car Parts-Pièces d'auto





Car sales • Ventes d'auto Radisson : 819-638-7292 Val d'Or : 819-825-6440

Service centre & parts • Centre de service et pièces

Radisson: 819-638-7292 73 Iberville • Radisson

Wachiya • Welcome • To all participants • Come see us for the best prices!



e Avenue r (Quebec)

#### Gilles Lapointe

Directeur général General Manager

Cellulaire: (819) 856-7622

Ligne directe: (819) 874-0264 poste 225

Sans frais: (800) 567-6420 Fax: (819) 874-1093

groupekepa.com

groupekepa@cablevision.qc.ca

# JEAR 200, EDITION

#### THE JAMES BAY CREE TELEPHONE BOOK

Availible in November 2000, the James Bay Cree Telephone book brings us closer together - making it easier to contact each other - family to family, friend to friend, department to department and business to new and old customers. Make sure you're accessible, drop us a line if you have a new phone or number or if you're a new Cree business. The listing is free!

Name/Biz		
#	Rez	
south in t	Sales:	

Soling in househ in the

Abitibi: Yvon 819-874-6977 Cree territory and elsewhere:

Aaron 514-272-3077 Will 514-272-3077

Mail to: The James Bay Cree Phonebook 5505 St, Laurent Suite 3018 Montreal, Quebec H2t 156

#### AFN should ponder Tecumseh's vision

It's election season again in Indian Country. Here come the promises, policies and posturing of all the would-be Indian chiefs. We've seen it so many times before the election bubble gets pumped with hot air all Spring and in the middle of July, bursts in that debauched festival of hypocrisy and waste we call the AFN election. It's all so played out.

Honestly, the problems we face heading into the new century have nothing to do with policies or initiatives or government funding. Instead, our problems are spiritual and moral conflicts rooted in the experience and attitudes of the previous century. The fact is, we have been colonized white men on a greedy and violent mission of domination have stolen our lands, broken our laws and warped our minds. We are suffering the consequences of this fact in our poverty, disempowerment and dysfunction.

The hard truth is that we have been and remain colonized because we allowed, and continue to allow, the white man to control us. Our basic problem is no more complicated than this. No amount of reality, denial or chiefs bellowing on about our Aboriginal rights can erase this fact from the horizon.

The white man controls our land, our governments and our minds. We need to break his power. But his hold is so firm and profound that most of us cannot even see an indigenous future out of the white man's grip. We seem to think that in the year 2000, the white man is different than he was a century ago, or two centuries ago or 500 years ago.

It is not the white man who has changed; it is you and I. We have forgotten what it is to be free. Today, instead of trying to break free of the white man's dominion like our ancestors did, we negotiate compromises to help the white man feel good about his power over us. Rather than rejecting his rule and dealing with the consequences, we've given in to the rule, and take jobs helping him enforce it.

Last year, the Assembly of First Nations and the National Congress of American Indians held a gathering to promote strategic cooperation among our peoples. The gathering was promoted as a fulfillment of "Tecumseh's Vision." What irony. If the great Shawnee warrior was suddenly resurrected and walked into that gathering, Tecumseh surely would have slain every one there as a traitor to his cause!

The AFN and the NCAI have become everything Tecumseh hated. Tecumseh never cooperated with the white government; he was a warrior who defended Native lands from white intrusions all his life; he organized independent Native nations to reject white law; he disdained the pretensions of the white man and died in a last ditch battle to preserve his confederacy of free people. How feeble do the voices of our so-called leaders sound compared to the spirit

of resistance that was Tecumseh's true vision?

Great changes are happening in the world today which make the time right for renewing our struggle to achieve Tecumseh's vision of free and independent nations living on their lands and bound to the newcomers by fair and honourable treaties. But our freedom will never be achieved so long as we are led by the kind of people who are in charge of our organizations today.

We need leaders with integrity, character and courage; people who will not cower beneath the power of the white man. It is time to unify our people behind Tecumseh's vision and begin an active campaign of non-violent resistance against the colonial vision. In doing so, we will recover our self-respect, gain support of world opinion and bring this unjust and hypocritical country to its knees.

Someone told me once that the first thing a man must do when he's in a deep hole and wants to get out is stop digging. It is clear from experience and historical reality that the first thing we must do is stop cooperating with the Government of Canada in its program to exterminate our nations.

Canada's institutions and policies have the fundamental objective of denying our basic human right to exist as free and self-determining peoples. By positioning themselves as policymakers and advisors to the government, under the guise of trying to "work the system from within" our leaders are in fact serving as the instruments of our ultimate destruction.

The logic of colonialism is obvious when we open our eyes to it; and in contrast the strategy of survival is clear and plain we must turn this situation around and confront Canada's agenda by all means available to us. The Government of Canada is scared to death of a coordinated Native strategy to defend our rights and assert our power in the courts, on the ground, in the media and in the international arena.

The great Shawnee knew that if we ever got together we'd be dangerous. We need leaders with some of Tecumseh's spirit, latter-day warriors who answer to their people and ancestors, leaders who have true hearts and believe in a reason to fight.

This election season, let's ignore the would-be bureaucrats and tamed compromisers hoping for a business-as-usual future. Pray for a real leader whose vision extends beyond the horizon of our colonization. Pray hard, Brothers and Sisters, it is a matter of survival.

#### Taiaiake Alfred

Taiaiake Alfred is director of the Indigenous Governance Program at the University of Victoria. Born and raised in the Kahnawake Mohawk Territory, he is widely known for his scholarly work on Native nationalism, Iroquois history, and Indigenous traditions of government. He can be reached at taiaiake@uvic.ca

# Contents

**NEWS** 

5 Cree/Quebec leaders Meet Freddie Jolly Gets Off

7 Jean Dupuis Resigns

**STORIES** 

10 John Blackned

HAPPENINGS

12 Justice Conference

**MEDIA** 

16 Xavier: Under the Northern Sky

21 Shark Attack

#### ON THE COVER

Chief Moses & Premier Bouchard
Photographer: Neil Diamond

Cover Design: Mona Laviolette



My work here is done. I think.

The sun is up. Finally. The entire publication is up on the wall, ready for the printer. Ready for our reading public. I hope they like it.

What can I tell you that you don't already know. I've been away working, playing, thinking of things other than the Nation. My apologies.

We try only our best here. We slave, scramble, scream to bring you the news and whatever else is happening in and outside of our borders.

Sometimes it doesn't quite work out the way we wish it would. C'est la vie, as the French and Quebecois say.

It might interest you to know what I've been up to for the past few issues. I have been chasing people, wildlife, weather, moments, and words of wisdom for a documentary to be aired on national TV.

The subject of the documentary is an old story but still very unusual. You watch TV nowadays and the documentary is about sex, war, a movie star or the mating habits of mosquitoes. All very well but not something that would come first to mind when you're Cree.

Our story is like any other. We have a beginning, a middle and an end. Pure Hollywood right?

Right.

Our tale has to do with the Cree language. Its birth, it's near fall, it's resurgence, it's glory. Phoenix.

What an unusual subject for a TV documentary. Language. How exciting. How riveting. Real edge of your seat viewing. It could compete any day with Cops, Funniest Home Videos, Oprah or late night soft porn eh?

You can imagine how discouraged we were when the idea was first proposed. Language!?! A documentary on language!?! Has anyone ever tried it?

Apparently not.

We knew better. We knew the story. We were a part of the story. We spoke Cree. It was our weapon, our staff, our beacon, our secret tongue. It gave us strength, pride, identity. It made us unique.

But we hardly knew how to make a film. But that's how you learn isn't it? You watch, you learn, you do. That's the Cree way. It's always been that way and it always will be. Never forget that.

Language is precious. Without it, your culture withers and finally, dies.

Five hundred years ago there were almost three hundred Native language in North America. Today, in Canada, three Native languages are expected to survive. Cree, Ojibway and Inuttitut. Sad isn't it?

I say. But the tide turneth. Our tongue will not go the way of Choctaw, Mohican, Yaqui, the buffalo. We will speak Cree for generations to come.

Other Nations look to us for guidance and are inspired by what we have done in our schools. We are pioneers in Native education. We were, a few years back, the only people to teach our children in our own language.

It was not always that way.

Our people would be punished for speaking Cree. Not punished, you-don't-get-to-watch-TV punished, but hot-pepper-or-soap-in-the-mouth punished.

Our language was suppressed, ridiculed, forbidden by law and religion.

We have triumphed. Our language is alive and well. It is returning with a vengeance. It will never be taken from us. It is our strength, our staff, our beacon, our identity.

It is us.

The Nation is published every two weeks by Beesum Communications.

editorial board

Emest Webb, William Nicholls, Alex Roslin

director of operations
Catherine Bainbridge

iyiyuu ayimuun editor Brian Webb

> photography Neil Diamond

graphic design Sylvia Tennisco, Richard Lawson

> director of finances Linda Ludwick

sales representative • montreal
Aaron MacDevitt 514.341.9192

sales representative • val d'or Yvon Boisvert 819.874.6977

layout & production
E. Webb, A. Roslin, W. Nicholls, N. Diamond

administrative assistant

Deantha Edmunds

thanks to:

Air Creebec, Don Nicholls, Bjorn Olson, Don MacLeod, Voyager Memorial School, Kenneth and Dorothy Nicholls, and Clifford Benac

Printedby Quebecor.

\*\*PAUL Rights Reserved
Publication Mail #0584584

ISSN #1206-2642

THE NATION IS A MEMBER OF:

The James Bay Cree Communications Society
Circle of Aboriginal Controlled Publishers
Canadian Magazine Publishers Association
Quebec Community Newspaper Association
Canadian Community Newspaper Association
Les Hebdos Sélect du Québec

WHERE TO REACH US:

POSTMASTER: 5505 St-Laurent, #3018, Montreal, QC. H2T 1S6

Please address correspondence to: The Nation Production Office 5678 Park Ave. P.O. Box 48036 Montreal, QC H2V 4S8

Editorial Tel.: 514.272.3077 Fax: 514.278.9914

The Nation Head Office P.O. Box 151, Chisasibi, QC, JOM 1E0

e-mail: beesum@beesum-communications.com
on the web: www.beesum-communications.com

SUBSCRIPTIONS

Individuals & Institutions: \$45 ABROAD: Individuals: \$70 U.S. ABROAD: Institutions: \$85 U.S.

Payable to Beesum Communications

Nation



#### **GUARDED OPTIMISM AFTER LEADERS' SUMMIT**

by Alex Roslin

Quebec Premier Lucien Bouchard Is promising to unblock the impasse in relations with the Crees after his first meeting with Grand Chief Ted Moses.

Bouchard said he would release \$18.6 million in long-awaited funds for Cree community projects that have been in limbo since last year.

Bouchard and Moses also agreed to restart negotiations on logging operations in lyiyuuschii. Cree officials want forestry subjected to the environmental studies set out in the James Bay and Northern Quebec Agreement, something Quebec has refused to do for 25 years.

The two sides agreed to give themselves a Sept. 30 deadline to come up with concrete progress in the negotiations on forestry. Quebec is hoping to be able to announce a deal on the 25th anniversary of the James Bay Agreement on November 11.

Bouchard will also look into releasing the rest of the \$132 million in funds promlsed in a 1995 memorandum of understanding with the Crees. The money was supposed to meet some of Quebec's unfulfilled obligations dating back to the 1975 James Bay Agreement.

Quebec will also look at helping ease the Cree housing crisis. The government acknowledges that some 1,500 new homes are needed, and 500 existing homes need major repairs.

Cree officials were guardedly optimistic about the summit and said Quebec was probably embarrassed into action by the

Cree publicity campaign on forestry. "They certainly don't want bad press," said Sam

Etapp, coordinator of the Grand Council Forestry Working Group.

"The trip to Home Depot had quite an impact here in Quebec. Lucien Bouchard was saying there was a lot of political pressure as a result of that trip," said Etapp, a reference to the visit by a Cree delegation to Home Depot, the world's biggest lumber retailer, in May.

Etapp also denied Chevrette's claim to reporters that the Crees have promised to suspend their \$500-million lawsuit over forestry operations, which is now before the Supreme Court of Canada.

"We're not postponing the case," he said. "The chiefs gave the mandate to go ahead. We're still going to the Supreme Court."

Etapp did say, however, that it will take the Supreme Court justices three to six months before they decide whether to accept the Cree request to appeal two lower-court decisions in the case.

What that does mean is there will be no new court action during the negotiations over forestry with Quebec.

Another Grand Council official said Chevrette simply "spun that around to make it look like he won."

Last week, Cree officials headed to the five southern-most Cree communities to discuss the latest forestry developments with the people.

One Cree official who asked to be unnamed said he's taking a wait-and-see attitude: "Bouchard said similar things before and nothing came out of it. Things are sup-

posed to start moving. I guess the big test is to see how fast it happens."

# Unconditional discharge for Freddy Jolly

Nemaska tallyman Freddy Jolly is declaring victory in his two-year legal battle with the Quebec wildlife department.

Jolly's lawyer entered a guilty plea to the charge of violating the federal Migratory Birds Act.

Then, in a May 30 decision, a judge granted Jolly an unconditional discharge. The sentence means Jolly won't have a criminal record and can still use firearms.

Jolly was charged after inviting two non-Native teachers from the community to hunt on his trapline during goose break in the fall of 1998.

The two teachers got fines of \$300 each. Neither is still in Nemaska. Jolly had faced a maximum fine of \$50,000 and could have lost his ability to use or own a gun.

"I'm in the middle between happy and disappointed," said Jolly. "I was only sharing the land, teaching them. They never killed anything."

The tallyman of the R-21 trapline said the teachers had hoped to bag two geese for a walking-out ceremony for the son of one of the teachers. Jolly's brother turned him in to the game warden.

"I'm happy for the Crees. I'm happy this thing has been settled. It was a load on me," Jolly said. "Everybody's welcome to my trapline."

Jolly's lawyer, Guy Prud'homme, was a little more cautious. "The message I see there is tallymen should beware of inviting non-Natives on their land to hunt out of season. Non-Natives have to respect the law," he said.

Jolly's legal defense was assumed by the Grand Council of the Crees, which got involved to ensure the case didn't impact on Cree rights.

"It was important for us to try and get him off without a criminal record" because Jolly's ability to hunt would have been jeopardized, said Prud'homme.

Jolly said he's unhappy the teachers got fined: "I wish they could recognize us, the tallymen, to share the land, to teach." -A.R.

#### YOUR LETTERS...

The following letter was printed in the latest issue of Nunatsiaq News in response to our series on the Nunavik Health Board:

#### Shaking the coconut tree in Kuujjuak

I would like to take some of your valued space to once again shake the coconut tree and see what type of response I might receive.

What I am referring to by mentioning the coconut tree is the amount of supposedly dark-on-the-outside, white-on-the-inside type of leadership our region is receiving - the dark being the colour of a well-travelled Inuk who has spent many hours on the land and white being the office puppet or the inside of the coconut.

When I say "office puppet," I am referring to the inability of Inuit employees to be able to take a decision that directly would affect the lives of their fellow Inuit without first passing it by our ever-sonecessary southern department heads to scrutinize and approve first.

I would like the Inuit of Nunavut to know that I am not willing to sit back and watch as we are being controlled by the man with the wallet. Our future for our children is too important. It does not even bother me that certain individuals who may feel offended will be upset. I sleep well at night.

I am also in a position, thank the good Lord, that allows me to put some confidence in our fellow Inuit and to give them jobs. I don't say that it is always easy, but we have to at least try. If we don't give that ability to Inuit then we don't stand a chance and we may as well all get in the welfare line.

What has been bugging me lately is the ability of a certain individual at the NRHSSB [Nunavik Regional Health and Social Services Board] to dance around the questions directed at her by The Nation newsletter [May 19 & June 2 issues].

First she says she has no comment when asked for her opinion on the current crisis we are facing with health and social services. Then in the next issue she simply puts the complaints on a few disgruntled employees. I say we could all use a wake-up call once in a while, just to shake the tree.

Yes, we do have a problem with alcohol in our region. The problem is that the people are not educated enough to know when they are destroying their lives by abusing it and they have lost touch

with reality, and they need to be told that more often.

They are killing themselves and their families by doing so and they need to be told that more often as well. The also need to be told what a great person they could be if they took control of their lives back, but that is hard to do when you always have to answer to the man who controls the wallet, and in turn controls the rest of your life.

I commend people such as Eli Weetaluktuk, Lizzie York, Siasi Smiler and any others who speak out against a regime that chooses to control our destiny, especially with regards to the wellness of our people. Bravo! We could use a lot more true Inuit like you.

#### Disgruntled Inuk Harvey Mesher Kuujjuak

Letter to the Editor
Subject:
Article on the Cree School Board June
5, 2000 Gala

(P. 10-11; Volume 7, No. 15 ~ June 16, 2000)

Dear Will,

On behalf of the Council of Commissioners and Cree School Board staff, I would like to thank you for your attendance representing the Nation to cover the Cree School Board June 5, 2000 gala on such short notice. I am pleased (from reading your article) that you enjoyed yourself, as you may recall from the program distributed, that was one of our goals for the evening.

However after reading your article, I feel that I must clarify some points.

Although I was one of the coordinators of this event, I was not alone. Other individuals deserve credit for their time, dedication and hard work.

Staff of the Secretary General:
 Bella Mianscum, Secretary General
 Stephanie Mianscum
 Alice Mianscum
 Emma Mianscum
 Maggie V. Loon(Post Secondary
 Student - Hired for the summer)

2. Staff of the General Administration:
Gordon Blackned, Director General
Mabel Herodier, Chairperson
Judy Cooper
Jennifer Mianscum

3. Other Labourers: (assisted with the decorating)

Billy Blacksmith, Elder William & Emma Matoush Charlie & Sophie Coon Louie Coon

Neoskweskau Memorial Arena staff .... Voyageur Memorial School staff, teachers & students

An honourable mention should be given to Gerald Longchap and his wife Beth Sealhunter for her immeasurable patience and understanding for the long hours Gerald put into the decorating. As well, on a personal note, we would like to congratulate these new parents (Gerald and Beth) on the birth of their son David on dune 8, 2000.

This is a long list but I feel that I should mention these individuals. I should not receive sole credit for the success of this event. It was with teamwork from all those mentioned for the turn out of this event.

I would like to thank the Nation for the Cree School Board coverage and am pleased that you were able to share our event with the readers.

Wishing you and your staff all the best, I remain,

Yours in Friendship CREE SCHOOL BOARD BEVERLY QUINN Vice Chairperson

To all the Graduates.

I am here today, sitting in my so-called office as a summer student working for the local Band. There is not much to do at the moment, so I decided to write a little message for youth and students that are graduating from High School. I graduated from high school in 1996. That same year (Fall), I decided to attend college but it wasn't under my own terms. I went to college because someone else had told me to go and not waste any time. I wanted to take a year off from school but I still went for it, for the benefit of others.

When I got to the city that I was going to live for the next 10 months or so, everything around me was pretty much new; surroundings, environment, classmates, and of course, school. I was happy to be there but my education didn't become my first priority. I kinda screwed up my whole semester and year. Too many bad surroundings with so easy access to bars, parties, etc... I lowered my self-esteem by failing in school.

For parents and family, when you force a student or your child to go to school in the South for college, it's not a smart thing to do. He/she must be ready to go down

Continued on page 21



#### HEALTH BOSS RESIGNS AMID CRITICISMS

In a surprise move, Jean Dupuis has resigned from his position as chairman of the Nunavik Health Board.

The sudden move came after a series of articles in *The Nation* about the miserable state of health care and social services in the lnuit communities of Quebec.

In Dupuis's place, the board of directors of the health board elected a reformer who has called on the health system to be closer to the people.

Eli Weetaluktuk, the executive director of the Innulitsivik Health Centre in Puvirnituq, was elected as the new chair in a vote of nine to four on June 27. He will stay on at the health centre while serving as chair.

Dupuis resigned on June 21. In a press release announcing the sudden development, the health board said Dupuis "resigned for personal and family reasons."

Health board spokesman Martin Meunier strenuously denied that the resignation had anything to do with criticisms of the health system: "That's not the reason at all."

But one former health board official said she heard the criticisms played a role. "Apparently he was fed up with being backstabbed," said Lizzie York, who was the executive director of the health board for 15 years.

Dupuis is an influential person in the lis a si Inuit world. He is director of Nunavik operations at Air Inuit, a board member of the Canadian Polar Commission and, until last year, was also the chairman of the Kativik Regional Government. He was chair of the

health board's board of directors for nine years.

Dupuis has not returned repeated phone calls.

Weetaluktuk was attending a health board assembly and was unavailable for comment.

In May, he blasted the health board for failing his people. The Inuit of Quebec have one of the world's highest suicide rates, but Weetaluktuk said the health system isn't doing much to help. It doesn't take into account traditional Inuit healing methods, traditions or culture, he said. Few of its professional staff are Inuit.

"We are made to feel ashamed of our culture and traditions while our young people are killing themselves because they are confused," he told *The Nation*.

"Unless we are allowed to pursue our traditional methods of intervention, we will continue to see suicide."

Weetaluktuk's criticisms caused a big stir inside the health board. Minnie Grey, the board's executive director, dismissed his concerns at the time, saying he should act, not complain: "It's very easy for people to go out and make a complaint."

Minnie Grey has not returned several subsequent phone calls.

Lizzie York, the former executive director, said Weetaluktuk's election as chair is a sign that people want changes in the health system. But she said there isn't enough time to make any real reforms before his term is up. Weetaltuktuk will be chairman only until the end of Dupuis's

term, which was to end in De-

Still no compensation

Crees who lost snowmobiles, fourwheelers and motor boats in a fire in a Chibougamau repair shop are filing a claim to recover their losses.

for fire losses

Mistissini Crees alone lost about \$50,000 when a fire burned the Sports Plein-Air Gagnon store to the ground on July 4, 1999.

Two Crees say they lost motor boats worth \$8,000 apiece. Like other clients of the shop, they haven't gotten any compensation a year after the fire.

Losses from other Cree communities aren't known. Mistissini lawyer Guy Prud'homme, who is filing the claim, is contacting people in the other communities to include them in the legal action.

Prud'homme said he found out just before goose break that the store's insurance company didn't want to cover losses to motor boat owners and other clients.

Alain Bergeron, manager of Sports Plein-Air Gagnon, said it's not just Crees who are affected. He said about 50 non-Crees and Crees suffered losses that haven't been compensated by the insuror.

"There is no discrimination. Make sure you write that in your story," he said.

The store's owner, Jean-Marc Gagnon, has opened up a new outlet across town, and said his own losses were "\$200,000, minimum." He said he still hasn't gotten any compensation, either.

The problem is that the fire started at a business next door and then spread to Sports Plein-Air Gagnon because of which Gagnon's insurance company thinks the neighbouring business's insurance should pay the bill.

Gagnon said Chibougamau residents who had losses will probably join the Crees in a legal action.

#### **Hash use high**

There are a lot of midnight tokers in the land of the midnight sun.

The majority of Inuit men aged under 45 are regular hash smokers, as well as a quarter of older men, according to a story in La Presse, citing a 1997 report from the Nunavik Health Board.

About one-third of women under 45

See "TOKERS," page 9

247 Confederation Building
House of Commons
Ottawa, Ontario
Canada K1A 0A6
Tel.:(613) 992-3030 • Fax:(613) 996-0828
stjulg@parl.gc.ca



Guy St-Julien , MP Abitibi Bale- James-Nunavik

Guy St-Julien,
MP Abitibi Baie- James-Nunavik
Would like to extend Best Wishes to all
Cree graduates.

Congratulations and the best of luck in all future endeavors.

#### Mrs. Mabel Herodier, Chairperson



On behalf of the Council and entire community of Oute-Bougoumou. I would like to extend to you our sincerest CONGRATULATIONS on your election as Chairperson of the Cree School Board.

With all the best wishes, I remain. Sam R. Bosum Chief of Oujé-Bougoumou Cree Nation



Cree Nation of Waswanipi

Best Wishes

Congratulations!

To Mabel Herodier

for her election to the position of

Chairperson of the

Cree School Board!



#### **BOOKS**

#### **NEWS**

#### Suicides.\_

continued from page 7

cember.

Another critic of the health board, Inukjuak Mayor Siasie Smiler, was hopeful about the change at the top: "I think it's a good change. It's a good move for the board. As much as Jean Dupuis was a fair and good chairman, I think it's important we have an Inuk chairman."

As if to highlight the stakes involved, Inukjuak was recently shaken by the deaths of two young people — one lost to suicide, the other in an alcohol-related tragedy. "It hasn't been a good year for us at all. We've lost so many young people to suicide," Smiler said.

A 1995 study from the Nunavik Health Board reported that Inuit aged 15 to 19 have a suicide rate 25 times higher than the Quebec average.

#### Tokers...

continued from page 7

years old smoke hash, a number that rises to 45 percent among those 20 to 24 years old. For comparison, 7.4 percent of Canadian adults 32.5 percent of Nunavut Inuit adults are hash smokers.

About 16 percent of men aged 20 to 24 and one in 10 adolescents aged 15 to 19 regularly use cocaine in Nunavik, said the report.

Solvent abuse has claimed 10 lives in Nunavik in the past 20 years. Also, about 40 percent of adults are considered heavy drinkers who are "at risk," compared to 25 percent of Inuit in Nunavut.

### Ten years after

STANDOFF AT OKA, 1990. Waswanipi's Paul Dixon crosses a line in the sand. "I'll give you 50 bucks for those shoes. These combat boots are murder on my feet."

by Ward Churchill with Mike Ryan

Pacifism as Pathology: Reflections on the Role of Armed Struggle in North America Winnipeg, Arbeiter Ring: 1998 Tel.: (204) 942-7058

Power grows out of the barrel of a gun. With that quotation from Chairman Mao starts the little book Pacifism as Pathology. A little book with big ideas, as they say.

Written by AIM leader and author Ward Churchill, the book includes an essay by Mike Ryan, our very own rogue sales rep here at *The Nation*, who is an old friend of Churchill.

The book is relevant today as we reflect on the legacy of the Oka Crisis. How time flies! Some will say little has changed. The same old prob-

lems plague the Mohawks, Crees and other First Nations. At the same time, who can deny that governments now tremble at the mere mention of that famous place, "Oka!" The Crisis has been successfully exploited by a generation of First Nations people to drive fear into the hearts of politicians and show the stakes involved when Native concerns are ignored.

And in fact, the 10 years since Oka have been a time of rising expectations and some noteable successes for First Nations. There was Delgamuukw and other pro-Native court decisions, the creation of Nunavut, the defeat of the Great Whale project, the Royal Commission and the like.

Written just before Oka, the essays in this book still help us examine the legacy of 1990 and the place of armed struggle in Native and revolutionary movements. Not only are arms the last resort of oppressed peoples and those seeking social change, says Churchill. No revolutionary social change has happened without violence — or the threat of it — he suggests.

Pacifists often cite non-violent icons like Gandhi and Martin Luther King Jr. to show their tactics work. Churchill dismisses this argument as a "time-honoured fable." Gandhi's pacifism only worked because the British Empire and army had



already been brought to their knees during World War II. Gandhi could remain "pure" because the Nazis had weakened his enemy for him.

As for Dr. King, he wasn't taken seriously by America's white establishment until black people started rioting in the cities and joining the militant Black Panthers. King's influence was partly rooted in the spectre of Malcolm X.

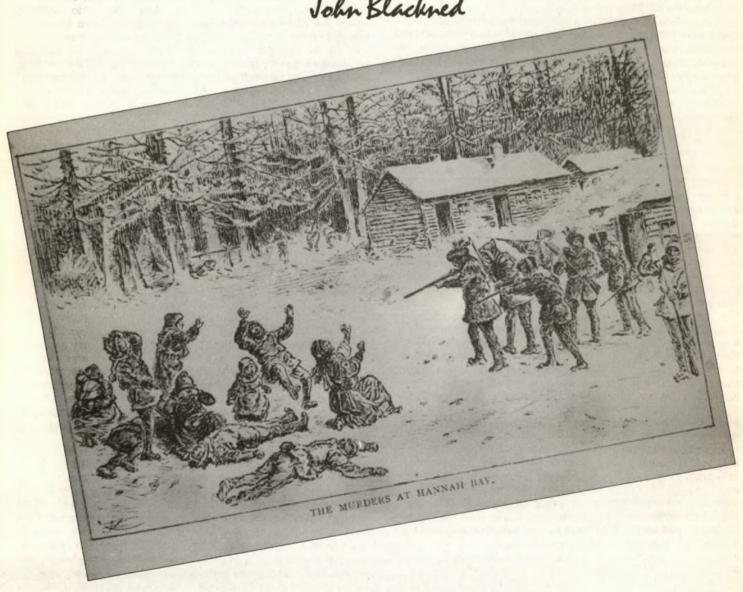
Mike's essay responding to Churchill expands on these arguments and plants them in the Canadian context. Writing in 1987 as someone who had "chalked up five arrests engaging in rather peculiar behaviour" in civil-disobedience protests, Mike wrote of his disillusionment with the pacifist movement in Canada. Not only were its tactics somewhat ineffective, but it had degenerated into "a theatre of pseudoresistance" in which activists competed to rack up more arrests. The protests, while achieving little, let the government say Canada is a democratic society that tolerates opposition. Ha. Today, Mike says his views on armed struggle have evolved somewhat. In short, he is concerned that violence often poisons those movements that adopt it. Looking at Oka, he believes it led to important changes in Canada, but we shouldn't ignore the heavy price the Mohawk communities have paid since. -BY ALEX ROSLIN

Hamah Bay Massacre

"I tell you about the

Il tell you about the story of the Indians who killed their boss at Hannah Bay.

John Blackned The way I heard it.



There was a place there where they were doing trade, and there were some Indians near there. That's where they used to get their supplies. Those Indians talked a little bit different from the Rupert's House Indians. From Hannah Bay this way, our language in Indian is different from what they use at Moose. So the Moose Indians, they had been thinking a lot of their Mistabeo. And then one old man there, he had four sons and himself -- five men altogether. And the old man had had a Mistabeo, but now his son had it. When the old man had gone into the conjuring house, it didn't work very well, but he used to think a lot about it.

So that's where they got their supplies from, the Hannah Bay Store. This white man who was the manager of the Hannah Bay Store, he had other white men there to just work around — servants. This manager kept servants in his house. No Indians would stay in the manager's house, just the servants.

And this old man, he was hunting up the Hannah Bay River (Harricanaw River). The old man used to play (midwajit) with the shaking tent, but his oldest son played with the conjuring tent now. This old man thought lots of his son when he did that. This oldest brother's Mistabeo told him that to attack this Hannah Bay store was the only way they could live. As soon as they heard that, they were going to do the thing that the Mistabeo said. They didn't even think that if they spoiled a thing (killed the boss) like that, they would get killed. They would sooner listen to what the Mistabeo said. The first time the Mistabeo told them to spoil the Hannah Bay Store, they didn't do it right away.

Then, the second time they made the conjuring tent, the Mistabeo told them to kill the boss. The Mistabeo said, "That was the only way they were going to see the summer." So they asked their father what they were going to do. And this old man said

they could do what the Mistabeo said.

The Mistabeo told the oldest brother that when they got near the Hannah Bay Store they would leave their wives, and then go and fight from there. When they got near to the store, that's when they started fixing their guns. They didn't have rifles yet, just the old-fashioned guns (muskets). Just when the manager had his dinner, that's when they got there. And this servant, he didn't live inside the quarters. He lived in the kitchen. At the time when he was in the kitchen, he saw the men run up with their guns. Then, he heard someone come and open the front door. He could hear someone fire their gun. So he ran out by the kitchen door. He started to run away from the store, and they fired at him just the same. He got hit on his hand. So they called out, "Don't go after him." He kept on going, and the brothers said that he would be dead before he could get to Moose because they saw that he was bleeding. They thought they hit him in the body, that's why they said that. So he went to run way out on the ice. He didn't have any mittens on the way when he went to Moose. He couldn't even use snowshoes when he ran. He must have had a tough time, his hand was bleeding all the time, with no mittens. It's quite a ways from there (a good 30 air-miles along the shore line!) So he couldn't get to Moose in one day. He slept on the ice.

He managed to get to Moose. That's how the people at Moose found out what happened at Hannah Bay. I don't know how many people got killed. The boss and his wife and his kids, and one servant, too. (John doesn't know if these servants were married.) The manager didn't even get his meal before he got killed. The table was set up. So they started to wipe the blood. Where he was eating, they were eating there themselves. The oldest brother, who went in the conjuring tent, he sat where the manager had been sitting. So after they took as much from the store as they could, they took the stuff away from there.

After they killed the boss they went for their wives. They took everything that they could use to hunt. They didn't stay there very long. Then, they went out and stayed not very far from the store.

So they sent out some men from Moose to kill the men who killed the manager. They said they were just to kill the men, and

"The second time they made the conjuring tent, the Mistabeo told them to kill the boss. The Mistabeo said, 'That was the only way they were going to see the summer.' So they asked their father what they were going to do. And this old man said that they could do what the Mistabeo said."

the boys who are big enough to remember the things that they had been doing. Those Moose Indians didn't even do anything to the people they had killed. All they did was to pull them out of the building, and left them. The men who came for the killers stayed at the shore. They were kind of afraid of them. Some of them stayed outside watching. The killers didn't come the next morning. Then they went to find them. When they got to the tent where the old man stayed none of the men were there. (They would be gone out during the day, hunting around.) They followed the trail of one of them. Soon they got up to the old man and he was making snares. So they talked to the old man and asked him why he did that, killing the manager. The old man told them it was his sons who did that. Then they told the old man that he should have stopped his sons from doing that. After they told him that, they shot him right away. He was still sitting there after they shot him, so they gave him another shot. So they followed the other ones, where they went. The one who played the conjuring tent, he went on the coast that day. They were after white birds, that's where they went. This man who played with the conjuring tent had gone with his wife that day. At last she saw lots of men coming, chasing them. So she went to run near to her husband. She told her husband, "I guess they are coming after us." So this woman hid herself behind her husband's back. They couldn't shoot the man because the woman was behind the man's back. So they told the woman they weren't going to kill her, because she didn't help them when they killed the manager. So she pushed herself away from her husband, and they shot the man. They went after all the men that killed the manager, and killed them all. And when they got back to where the women were, that's where the boys were, the ones who were old enough to remember people doing like that. "Just the small boys who don't remember things, don't kill them." That's what they were told at Moose. One of the old man's sons had a son who was that small. And some old people from around here, older than me, have seen that (man) when he was a baby. Long ago, he was at Nemaska. They didn't kill the women. So they were the ones that told all that happened at Hannah Bay. They told people the reason they did that was because they listened to that conjuring tent, to what the Mistabeo said.

They took the women right to Moose. And they sent a letter way outside to a boss, telling them what the Indians did at Hannah Bay. Then, what we heard, the manager at Rupert's House and at Moose, too, they got trouble from outside. The reason the Indians did that was because the manager wasn't trying to help them. That's what the big boss told the manager. I don't know if that's right. I heard that those Indians were hard up at the time. After that, those Moose Indians never used to play with that anymore, that kwashapshigan. Those people there who used to play with it, they knew then that it was not a very good thing. Even though a person can play at a conjuring tent, still, the way they thought, it's not all true. (What the Mistabeo tells is not reliable). They had always been thinking that the conjuring tent was a pretty true thing. The Moose Indians never played with it after that. (from Cree Narrative: Expressing the Personal Meanings of Events, Richard J. Preston)

# THE CREE VOICE

#### **INSIDE AND OUTSIDE THE COMMUNITY**

On May 19, I accompanied a student from my grade 6 class to a mock Parliament at the National Assembly in Quebec City. Her name is Angeline Sam. She was democratically elected by her class peers as their representative. We went to Quebec to participate in a project aimed at initiating the young people of Quebec into the concept of democracy and how the National Assembly works.

In its fifth year, the project was open to all French Grade 6 classes across the province. Angeline was the first ever to accept the challenge from the circumscription of Ungava. She presented a proposal for a law which would promote cultural exchanges between students from different regions in Quebec. The initial idea was that a youth from Chisasibi probably knows very little about the day-to-day experience of a youth from Montreal, and vice-versa. Just as a youth from the Gaspé coast would have a hard time understanding the day-to-day experience of youth from Hull and vice-versa. The province of Quebec is enormous and true communication can often be dlifficult.

In developing this proposal, our goal was to break down certain barriers that exist between different communities and, hopefully, help banish the prejudices and discrimination that are often unfounded and exist all around us. Intolerance is often the result of a lack of understanding between a population and/or an individual. However, all good ideas are useless if they are not expressed and defended. This is a very tall order and was the task set out for Angeline Sam. She was up to the challenge. She was mandated to serve and defend her idea to a compleately francophone audience that included the Speaker of the National Assembly, Jean-Pierre Charbonneau, 100 student representatives and accompanists, not to mention television cameras.

On May 19, Angeline Sam had the courage to stand up and express herself. She put aside the fear that can come from sitting in the chair of a cabinet minister, she put aside the fact that French is not her first language. As Angeline's teacher, I am proud that Angeline saw this project to its completion and that she found within herself the courage that often keeps us from expressing ourselves when we have the chance. Watching her speak, I imagined the pride her parents must feel. I also imagined what it would be like to be Cree... and the pride they would feel to see one of their own capable of overcoming her fears and exercising her right to free speech.

Angeline discovered a lot about herself by participating in this project. Certainly, she was afraid of not being up to the challenge, of making a mistake, but nobody said it would be easy. It is up to each of us to find our courage.

Thank you, Angeline!

Denis Boivin Regular French, Grade 6 Teacher James Bay Eeyou School, Chisasibi, Quebec



Posting #093 Instrumental Technician Class ( (Permanent) (Maintenance)

The Troilus Division is presently searching for an INSTRUMENTATION TECHNICIAN CLASS I (Maintenance) to join their young and dynamic management team. The Troilus Division is a gold and copper open pit mine with a mill capacity that has been upgraded to 15,000 tpd. The mine site is located at 175 km north of Chibougamau by way of the 'Route du Nord.' The selected candidate will work on a 7/7 schedule (7 days of work, 7 days off) and will be lodged at the site's first quality camp.

Required qualifications:

The candidate must have completed a two (2) year college program in industrial instrumentation technology and have four to five (4-5) years experience in an industrial process environment (MIII). Trade certification is an asset (C license). Knowledge of "Modicon" programmable automat. Knowledge of interface "operator." Good working knowledge of French. Basic knowledge of English.

Main responsibilities:

Consults manufacturer's manuals to determine tests and maintenance procedures for instruments used for measuring and controlling flow, level, pressure, temperature and other variables in mineral processing;

Inspects and tests instruments and systems to diagnose faults:

Repairs and adjusts system components or removes and replaces defective parts;

Performs scheduled preventative maintenance work and completes test and maintenance reports; Installs new control instruments on existing plan equipment;

Must have hands on experience with PLC:
Will be required to work on a 600 Volt, 4160 kV;

Performs other related duties.

Particularities and remuneration:

Inmet Mining Corporation offers a competitive salary. The position is addressed to men and women. Inmet Mining Corporation encourages the hiring of Crees and thanks all applicants for their interest, but advises that only those selected for an interview will be contacted.

Those interested are to send their Curriculum vitae.
not later than July 13, 2000 to:
Human Resources Department
Inmet Mining Corporation
Troilus Division
P.O. Box 8700
Chibougamau (QuEbec)
GBP 3A9
Fax: (418) 521-8376/(418) 748-3033

(Please indicate the posting number on your envelope)

## Life, Liberty and the Pursuit of Justice

by Donald Nicholls

Chief Leonard George hobbled onto the stage dragging one foot in a cast. He told us that the Elders in his village said the reason he broke his ankle was the Creator wanted him to catch up on some muchneeded sleep. He had just returned from another grueling round of negotiations with the governments on land-claims issues.

I was treated to some unique perspectives on justice and life while attending a conference on restorative justice and conflict resolution in Vancouver recently.

Chief George's perspective: "The federal and provincial governments come into a room and talk for hours about what they don't want to say. They think they are really good at it but they should meet my seven year old."

Chief George went on further to explain his perspective on negotiations. When Aborlginals negotiate it is not about money -- it is about protecting the water and air for the children to drink and breathe, not only for our children but for all people who live in the traditional territory.

Chief George's perspective on consultants: "I am not a preacher but we always overlook the best consultant, the Creator, and you know that he doesn't charge anywhere near what other consultants charge."

Chief George, displaying the all-too-well-known wisdom of his late grandfather Chief Dan George, saved the best for last. His perspective on human relations: "If you look back far enough we are all related, from one earth, we are all in the same canoe, you are not going anywhere without me, so pick up a paddle and help out once in a while."

Morrie Love, the resident Moari at the conference, voyaged across the Pacific Ocean from Aotearoa (New Zealand) to share his perspectives on life and justice. Morrie Love explained to the conference that like the Aboriginals of North America, the Moari people have a strong identity with the land and people. A traditional Moari saying is: "I am no more than my past."

For this reason, when a conflict occurs between two Moari, the community is gathered in a meeting house. First, the people gathered must talk of their ancesters as far back as necessary until they establish a connection with the issue. Then each speaker talks about anything but the issue. As each person adds to the conversation, a consensus is built by going around the issue. The principle: that people must listen before they start talking.

The Moari people also have a unique way of looking at justice. It is community oriented. For example, a woman was found to be in an adulterous relationship. The Elders determined that a punishment was in order. Therefore the husband and her family was punished. It was obvious that had her family and friends not failed in their responsibilities towards the woman, she would not have committed a wrongful act.

Rupert Ross, a Crown Attorney who worked for many years in



Northern Ontario, shared his perspective of Aboriginal peoples' view of life and justice.

Ross related the parable-like symbolism of Cree oral teachings. He told a story of how one day he had stopped to give a Cree grandmother a ride to the next town. He said, "I asked he how the blueberry harvest was this year. She answered me that there were 16 bears at the dump last night. I thought for a while, knowing she had answered my question but searching for the link. When looking through the eyes of an Aboriginal person, all things are interconnected. To this Elder, there would be few or no bears at the town dump if the blueberries were plentiful this year."

When looking through those same Aboriginal eyes as they focus on justice, we must look at the interwoven nature of life again. Justice must focus on the way people relate to each other, not on the offence.

If a person has an abusive disposition, it is because during their youth their normal relationships involved anger and violence. Thus, putting them in a prison only introduces them to more relationships that are built on anger and violence. However, if we teach these offenders to interact with people by sharing, openness, honesty and kindness then we focus on the way they relate to other people, which in turn can positively impact their social behaviour.

Rupert Ross imparted a final pearl of wisdom from the Navajo Peacekeeping system -- that the most valuable piece of paper is a kleenex. This statement draws attention to the heart of the traditional Aboriginal justice system where healing is the most important component for the offender, victim, community and nation as a whole.

A final Aboriginal perspective from the conference came from Leah George-Wilson. She told of an archeologist who, after hearing the news of evidence that Aboriginals occupied North America thousands of years before scientists originally thought, approached her and said: "This must make you happy."

"I replied: 'It does not, it only reaffirms your value system, we [Aboriginals] already knew that we have been here since time out of mind." It further illustrates that Native culture has its unique perspectives on existence that are not dependent on reaffirmation by science or other cultures. We are no more or less than our past.

# Ebest way to travel throughout James Bay



- New daily flights to Whapmagoostui and LaGrande
- Professional Service
- Modern Aircrafts
- Competitive Rates

FLY AND
GET FREE GIFTS!





Air Creebec

For reservations, cargo, charters or information, call toll-free: 1-800-567-6567

Or visit our website at: www.aircreebec.ca

#### HARDSHIP A STORY

#### WHEN JOHN WAS

YOUNG.

...by John Blackned

This is a story from when I was young. I said to my father, "I am very hungry." I thought I would not be able to reach the tent, the way I felt. My father would ask me, "Do you want to eat?" I answered him, "Yes." He told me, "You will not feel hungry later." Finally, I felt better. After a while, you feel very hungry again. When it starts again, you feel twice as bad. When it was supposed to be time to eat I felt very hungry. I would think, "I wonder if he knows I am very hungry?" He gave me the wing part of a partridge plus one foot when we stopped to eat. My father told me, "We will have to eat the bones, too." So he crushed the bones with an axe. After we finished eating, I didn't feel any different. I thought, "We should have not made a fire as I am still very hungry. Maybe, he is trying to show me all the hardships he had when he was young." He used to tell me all about the hardships and his hunger when he was young. He said to me, "The longest I didn't eat was five days. I thought I would not be able to walk. When I started to eat half a partridge, I felt better."

He said, "For about 10 days, we did not have anything to eat or else very little. Sometimes we had a few partridges but there were no leftovers. They would serve me half a partridge. I tried to save half of that for the next morning. I was not full after a quarter of a partridge, especially the morning meal. There were a lot of children with us. I was very worried about them, as they were very greedy. For five days, we could not find any food."

He asked me, "Do you think you could walk without food for five days?" I did not answer him as I though I probably would not have made it.

Finally, he said, "They started killing partridge first. They killed 10 partridges, which was considered a lot of meat after five days without it. I ate almost one partridge. Then I felt full and better. We drank the boiling because we were killing lots of fish. Then we killed another 10 caribou. So liquid of the partridges."

He said, "We had to move now and again. There were more children walking now, although they were very hungry. The parents would tell their children, 'Hurry now, you had something to eat,' although they ate very little. The next morning, we moved again. After everyone was settled, we went hunting. We killed two porcupines and four partridges. We did not stay there, we travelled on again. Our next hunt, we killed one porcupine and five partridges. Even when we would have very little killing, we still tried to save it up for the next meal or day. The next stop, we killed another porcupine. There was a big snow storm.

"All of the children were very tired and weak. We were not sure if they would be able to walk. The next day, we went out hunting for partridge. sorry when he came back from the four caribou. "That man would be We decided to travel on as the storm cleared up. There were three of us men. One of the men wanted to leave us.

There was very little food the next morning. That day, when we went hunting, we only killed five partridges. All of us had to share the five partridges. This man told us, 'We are going to leave you all.' This family fish. When I brought the big load, still I remembered the man who starved had no children, there were three of them, his wife, his wife's sister and him. This man said, 'I am truly leaving you here. I will go another way with my family.' My father told him, 'I don't think you should go alone because we all had very little to eat. If one of us men is not able to hunt, one of us who can hunt will be able to go, and if you were alone, you will not be able to hunt anything." This man still insisted that he will go on his own with his we lost the man by starving. So we were very sorry when they had lots of family. He told them, 'I will go, maybe I will be able to kill a partridge on my way or this evening.' My father said, 'Let him go, if he wants to go.' When we travelled again, we reached a lake where we could fish. When

we reached the lake, it was very dark. They started making the tent. We decided to fish in the lake. Although we were very hard up, my mother had saved a little fish used for bait. All of us, two men, were fishing. The man had left with his family in the morning, the day we moved to the lake.

"It was very dark when we finished setting the fishing lines. We decided to hunt for partridges. I killed two partridges, my father did not kill any partridge. After returning from hunting, we checked our fishing lines. It was almost 20 days that we had very little to eat. We brought two fish home, we caught one each. My father said, 'Cook both of them. Don't cook the two partridges.' I thought, maybe I will be able to have a filling meal. My father said, 'I guess I will be able to fill myself up.'

"They gave me the head plus the stomach to eat. I thought, 'I have a lot to eat compared to my dishes when there was very little food." After I finished eating, I felt like a person who has been shot. We all fell asleep. This was because we had very little to eat for 20 days. The next morning, we caught two fish each. We started killing more fish, in a day, we would catch two, three or four. Now, I was feeling better.

"My father had a dream. He dreamt about the man who left us. He dreamt that his fire was burning out. He told me, 'You should try and see this man. You can carry a load of food.' It was four nights we did not see him. The day I left, it was very stormy. Sometimes I could follow his trail, sometimes I lost his trail. The day I left, I could not find them. I slept along the way. The next evening, I had an idea where they were. When I found them, the woman told me, 'My husband has already starved to death.' I gave the woman all of the food I had. The woman had left the body inside the tent. That evening I returned home to tell my father. I reached home that night. My father killed almost 10 fish, as he had a set a net. My father and I went out to bury the man. I was able to eat when I reached home as I gave the woman all the food I had. They brought more food for the women. We were lucky to find them, as only the man starved to death instead of all of them."

"Then my father had set the net and got nine fish. Then we got five caribou. Then he said, 'I am sorry the other man went off by himself - he would still be alive at this time.' And we stayed at the lake for quite a while we killed a lot of food after that. We had been so hard up, it was as if we weren't hunting. Where we killed the 10 caribou we left the nets on the lake, still. All this time I still remember the man that left us and starved."

(John's father was named Jacob. His grandfather was named Nahagagi. The man that starved was named Kamchatstatasini, "Big Rock.") After that the partridges were very easy to kill. As soon as they had started to hunt in the fall his father had bad luck. My father didn't have a wife at that time, he was just living with his father. My grandfather told his son to help his mother fix the meat when the old man left. They make grease out of the bones - smash the bones and boil them in water. When he came back again he killed another four caribou - big ones. My grandfather was very alive still if he had stayed. I guess that's why he wanted to leave us, he wanted to go away and starve. Maybe God wanted it that way." His father told him, "Go for the nets, then we'll go for the four caribou."

\*And when I went for the nets and hooks. I brought back a big load, 50 Everybody was very poor at that time, very thin, even the women, they were so hard up. That's the way people do when they don't eat. They get thinner, thinner. My father told me to pick everything up from there. Where we had our tents on the lake, we left lots of food there. After that we were doing well, it was about the end of March. It was the third of March when food so soon."

from Cree Narrative: Expressing the Personal Meanings of Events, Richard J. Preston

# Congratulations! To Mabel Herodier For her hard work and determination on being elected Chairperson of the Cree School Board! Nemaska Band Council

#### BEESUM COMMUNICATIONS

**FULL TIME POSITION** 

Project Manager / Administrative assistant

Location: Montreal

Team leader, initiator

Good organizational, communication skills

Knowledge of Cree and / or French an asset

Knowledge of working on computer is essential

Competition closes July 12

Start date: July 17

Fax resume to 514-278-9914

Phone 514-272-3077



## JOB OPENING

The Nation wants you!

To sell advertising in the Chibougamou and Val d'Or regions

Must be a self starter and willing to travel.

Knowledge of French is essential.

Fax resume to 514-278-9914 Or phone 514-272-3077





#### **Graduation 2000**

by Xavier Kataquapit

Graduation from high school and elementary school in Attawapiskat this year is taking place despite a more or less chaotic situation. The chaos comes as a direct result of an environmental disaster that has closed the J.R. Nakogee Elementary School and

disrupted the regular schedule at Vezina Secondary School.

For weeks now elementary school children have been banned from attending the elementary school. To ensure proper closure for the end of the school year it was necessary for the elementary school to attend classes at the secondary school. To accomplish this, schedules were turned upside down with elementary classes running in the high school from early in the morning to the afternoon and high school classes taking place in the afternoon and into the evening. Some elementary classes were actually held in teacher's homes. My cousin Steve Kataquapit, who is a teacher at J.R. Nakogee Elementary School, managed to teach his elementary school class in his home environment.

Obviously, this has been a very difficult year for all of those involved in education in Attawapiskat. My sympathy goes out to all those people who have had their lives disrupted due to the fact that J.R. Nakogee Elementary School has been found to be contaminated. This contamination resulted from years of heating oil leakage into the soil at and around the J.R. Nakogee Elementary School. Although reports had concluded that something should be done to remedy this situation in regards to protecting the health and safety of teachers and students it took a long time and a lot of community action to develop a solution. The Chief and Council, the Education Authority, school administrations, teachers and staff members, students and most of all parents should be proud of all the good work they did in bringing this issue to a head with the development of positive options. Plans are in motion now to produce temporary safe classrooms for the next school year.

Despite all the extra stress and pressure surrounding this year's high and elementary school graduates, I am happy to report that the end of the school year has

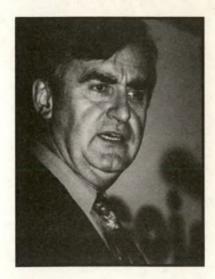
wrapped up with much success and all is well.

My brother Paul was among those who graduated from Vezina Secondary School. The entire family is very proud of Paul for this achievement. The community on the whole takes graduation very seriously. Only a few years ago many First Nation people were dropping out of school and only a small number were actually graduating from secondary school. Since the construction of Vezina Secondary School in the early 1990's more young people are graduating in Attawapiskat. Before the development of Vezina Secondary School it was necessary for all students to move out of the community to attend high schools in the south.

I am happy to shine the spot light on our very deserving graduates in Attawapiskat. Secondary School graduates for the year 1999/2000 are: Jason Hookimaw, Greg Edwards, Paul Kataquapit, Mary Beth Sutherland, Jennifer Sutherland, Violet Tookate and Bernice Fireman. J.R. Nakogee Elementary School graduates for the year 1999/2000 are: Jeremy Bird, Jordan Edwards, Larry Edwards, Marcella Hookimaw, Olivia Hookimaw, Stewart Hookimaw, Marietta lahtail, Carlos Kataquapit, Robin Kioke, Beatrice Koosees, George Koostachin, Sylvina Koostachin, Lawrence Noah, Cindy Paulmartin, Tina Paulmartin, Raymond Tippeneskum, Georgina Wesley, Valerie Wesley and Victor Wesley. Although I don't have space to publish the names of the Kindergarten School graduates for the year 1999/2000, I also wish them congratulations.

#### The Nations Met...





The Cree Nation, Grand Chief Dr. Ted Moses and Quebec Premier Lucien Bouchard Met on June 22, 2000

Here is a Summary of the Main Issues Agreed Upon in Their Discussion:

- \* To Improve Relations Between the Cree Nation and Quebec; Commencement of Forestry Negotiations - targeted to end on September 30, 2000;
- \* Commencement of Discussions on Implementation of the James Bay and Northern Quebec Agreement, including discussions on Quebec investment in a Cree social housing - targeted to end before November 11, 2000;
- \* Implementation of the Memorandum of Understanding signed by the Crees and Quebec in 1998 signed by the Crees and Quebec in 1998, with the immediate release of the \$18.6 million for this year;
- \* Direct and Ongoing Communications between the two Leaders and including a meeting at the beginning of November.



A- < Jt°L -^CD t°L T° DL) (AAT < 'C')

CRAND COUNCIL OF THE CREES (REVOU ASTCHEE)

CRAND CONSEIL DES CRIS (REVOU ASTCHEE)



ヘント C<>>し、 CREE REGIONAL AUTHORITY ADMINISTRATION REGIONALE CRIE

# PANIC ATTACKS

want to share my experiences living with Panic Attacks and Anxiety.

I started living with anxiety and panic attacks after we lost one of our close family members. I had to live with this for more than five months, with worries and negative thoughts and negative feelings.

Just to think about it, it was a horrible lifestyle. It's like everything is taken away from you. Especially your social life. It feels like you are boxed in. Everything you want to do is impossible.

Imagine when you have to live with this sickness, there's no way of saying "think straight."

When these attacks started, I didn't know what was wrong with me until one month later. I kept going to the clinic every time I felt I had chest pains and when I felt my heart was pounding hard I thought I might have a heart attack. The nurses would tell me that there was nothing wrong with me. That's when I started it, to get to know the facts. What anxiety and panic attacks are all about and what the symptoms are. I think I've seen five doctors, same response.

First of all, it's not very dangerous, it's just very uncomfortable. Secondly, you have to deal with it and there's 100 percent you can cure yourself. Just believe in yourself and seek help, find a friend to talk to or find someone who gives counselling.

I had an eating disorder and lack of concentration and felt scared of dying, going through a lot of negative feelings. I guess we can call it mixed feelings, and mostly feeling sad. I could be happy in a minute and I would be sad in the next minute.

Like going to work, I couldn't wait to go home. I even had these attacks at work, especially when I was driving for long

distances.

The eating disorder was like this. In the mornings I wouldn't eat for breakfast. I would just have one or two glasses of water. Same with lunch. Maybe two bites. I would drink water and in the evening for supper same thing, one or two mouthfuls. I would have only water, and rest of the evening I would be wandering off, walking back and forth from my living room to the kitchen and sometimes I would go lay down, and get up and again, wandering again before bedtime.

Sleeping disorders: There were times I have to get up middle of the night to deal with my attacks. Sometimes I would sit in the living room and watch T.V. until I felt tired and ready to go back to sleep.

I dealt with it, I talked with friends I knew and especially with the doctors and nurses to get to know more about it. I did meditation, praying, asking the Creator for a cure. I didn't want to live like that for the rest of my life.

If you have experienced living with the panic attacks and anxiety, don't be afraid. Ask the Creator for a cure to give you, strength. I'm telling you this that your prayers will be answered.

That was a great experience, living with these panic attacks and anxiety.

Anonymously, personally, I would like to thank those who helped me out with my struggle and God bless you all.

Anony mous



cree history
old letters
native heroes
shaking tent
and more...

The Nation

special collector's edition

Only \$4.95

Limited supply

Available now at these participating stores:

Northern Chisasibi Northern Eastmain Northern Waskaganish Northern Wemindji Northern Whapmagoostui Northern Attawapiskat Northern Kashechewan Northern Moosonee

Meechum - Mistissini Oudaa - Waswanipi Casey's - Ouje-Bougoumou Roger's (4 in 1) - Nemaska



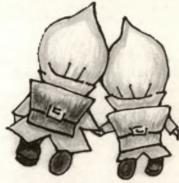
# Read To Me

Pre-school Readers



Northern and Southern dialects available.
Parents! You can read them to your children!

Follow the adventures of Niibiish and Siiguin, a brother and sister who go and learn about the world around them.



The "Read To Me" is a series of Cree pre-school readers, produced by Beesum Communications, with support from the Annie Whiskechan Foundation.

# Now available! In Community Stores



This shark was found by a resident of Wemindji on June 24, 2000 on the Island of Cape Hope, North of

Eastmain. This was a 14 feet long was a Greenland shark. The latin name is Somniosus microcephalus. This is the northernmost shark species. It got its name from the Greenlanders who used its liver oil. Greenlanders would also dry its meat for dog food. George Kudlu spends his summers on Cape Hope.

#### LETTERS...

people say 1 year, but it may turn out to be 5 years, and when they go back, they tend to forget about what they learned five years ago... Understand?

If you feel that you're ready for the next step, which is college, then nobody should stop you from achieving that goal. Remember that everybody is smart and if you put your mind together, you will succeed.

I hope nobody takes this message negatively. Some may disagree with my message, but if you think about it, I am a student that goes to school in the South, I know how it feels to be down there with no family and being on your own. I am just trying to help others prevent a few mistakes that myself and other students have made in the past. In closing, I would like to congratulate all Graduates of 2000 in the Cree Nation. All of you should be proud of yourselves. Remember that there are other challenges that you may be faced with, but the smart thing to do is fight and overcome obstacles, one at a time.

Congratulations!

from: a past H.S. Graduate



Oujé-Bougoumou Cree Nation Headquarters Office 207, Opemiska Meskino Oujé-Bougoumou, Quebec

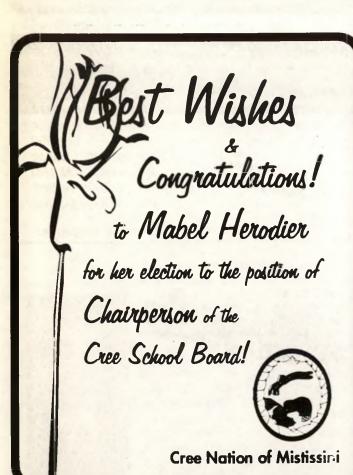
#### All Graduates of Waapihtiwewan and Graduates of Adult Education

On behalf of the Council and entire community of
Oujé-Bougoumou, I would like to take this
opportunity to congratulate
you on your recent graduation.

While this success represents an important individual achievement it is also a very important accomplishment for our community as a whole. When individuals take on the challenge of completing a course of academic training they are also committing themselves to enhancing their skills and talents. Whenever individuals within a community succeed in accomplishing this they are increasing the range of skills and talents which are useful in the development of the community. When students succeed we all benefit.

It is for this reason that we, as a community, take great pride in your accomplishment and wish you all the best in the future endeavors.

Sam R. Bosum Chief of Oujé-Bougoumou Cree Nation



#### 「トート Chisasibi Centre Inc.

P.O. Box 330 Chisasibi, Quebec J0M 1E0 Tel.: (819) 855-2838

\*\*\*\*\*\*\*\*\*

The management and staff
of the Chisasibi Centre Inc.
would take to congratulate all of
this year's graduates
in Chisasibi

and thoughout the Cree Nation.

We are proud of your achievement.

CRA Board of compensation and CREECO Congratulate all of this year's cree graduates on their success and wishing you the best in your future endeavors!

The Cree School Board congratulates all of this year s Cree graduates on their success. We are proud of all of you!

> Cree School Board Post Secondary Program





#### A Pearl to be Discovered 1 500 CP 6 66 0 500 CP 64

Located in downtown Montreal, Hotel du Fort offers the comfort of home in 127 tastefully appointed quest rooms and suites all featuring kitchenette convenience. For information on discounted rates and reservations please

call 1-800-565-6333.



HOTEL

LOC Q DING" CD"0" D" L"025" 75. Q QUL 45-100 Q .4F ι, ∇<u>Ç</u>۶,Ç٩, ⊃ · **6**, σ< DPΓ'. 127 Δ"∩"" LJ σ< DPΓ'" P5 Γ/ Ø No 6 ANSJ Pr. 0076,014,016 PP. DIL A AUULUPA by L'U ס" כשלי ה כספרי LDC DULC"C" 1 800 565 6333.

1390, rue du Fort • Montreal • Quebec • H3H 2R7



Auberge Kanio-Kashee Lodge P.O. Box 360

> Waskaganish, Quebec James Bay, JOM 1RO Tel.: 819 • 895 • 2005 Fax: 819.895.2008

"Distinguished Charm... Affordable Elegance."



Dining Conference

facilities available.

2595, Godbout Jonquière (Québec) G7S 5B1



Ken Blackburn Conseiller aux Ventes Tél: (418) 548-0821 Téléc: (418) 548-0921 Rés: (418) 549-9954 1 (800) 830-0821

#### **CLASSIFIEDS**

#### 100-BIRTHS

Congratulations to Charlene and Dale on the birth of your Baby Boy Julian! He sure is one "lucky" little boy! Born on June 12, 2000. love Kyla. PS: can't wait to see him. Happy first Father's Day to Dale. From your family

Congratulations to my friend Catherine Hester and her husband Bobby Diamond on the safe arrival of their baby girl Carissa Clara Anne born June 6, 2000, weighing 7 lbs and 9 oz. She must be a bundle of joy, a new addition to your family. In friendship, Angela E. Hester

We proud parents would like to welcome our precious bundle of joy into this world. Our baby girl, Saleena June Wabougnish Coon-Come was born on June 16, 2000 at 8:04 pm at Val d'Or Hospital, weighing 10 lbs. 7 oz. We love you, our dear little one. We'll always be there, when you need us to love, hug and kiss you, and let's not forget your feeding time! It's a great pleasure to wake up for you. We also want to thank the Lord for letting us have you in our lives, we really wanted to have you. We wanted to share our love that we have for each other, with you. With love always, your proud parents, Josie and Nellie XOXO

#### 101-BIRTHDAYS

Our son Evander Gunner, we want to say a Happy Belated 3rd Birthday which was on June 14, 2000. You have grown so fast and into a handsome young man it seems only yesterday that you came into our lives and here you are already celebrating your 3rd birthday, and next year you'll be in school. We love you so much and we thank God everyday that he gave us a beautiful little boy who looks just like his Daddy. Happy Belated 3rd birthday to you our only son Evander Gunner with love always your Mommy Edith and your Daddy Gordon XOXO

Happy belated birthdays to my nieces and nephews. First to Justin Matches on June 4, to Jerry Matches on June 10, to Linda-Rose Matches on June 14, to Emily Ann Bearskin on June 19, all in Chisasibi. To Nemaska eeyou Sammy Matches on June 17. I didn't forget your birthdays, I thought about each and every one of you on your birthdays. I love you all and I miss you much,

love always your Auntie in Mistissini Edith XOXO

Happy 1st birthday to our son Gerald House on July 6. Have fun at your birthday party! Once again, happy 1st birthday and many more to come. Love always Mom and Dad (Sally and Terry)

I wanna wish Happy Birthday to these people: my husband, Jerry on June 24, my brother David on June 28 and my nephew Barry on June 30. Happy birthdays and many more to come. Love Sally. PS. Gerald wishes happy birthday to you too.

Happy belated birthday to Trifona Pepabano on June 16. Love always even when you're teasing me, once again happy 3rd birthday, love your cousin Gerald House

#### 103-ANNIVERSARIES

Happy Anniversary to our sister Rachel and her hubby Karl Simard on July 8. It happens to be their eighth wedding anniversary together. Wish you both love and happiness on your day and many more years ahead. From Tanya and Barry and children, Angela and Floyd and baby on the way. Congratulations to Karl on his graduation in Nicolet.

Congratulations to my parents, Wilson and Barbara Brown who celebrated their 24th wedding anniversary on June 25th. Love to you both, love Lance

A very Happy 25th Wedding Anniversary to Hattie Maria Moses and Robert Matthew Whiskeychan of Waskaganish. It is with much joy that we congratulate you and ask God's continued blessing on your lives together. "And now these three remaineth: faith, hope and love. But the greatest of these is love." I Cor. 13:13. Rev. & Mrs. C. Morcon of Chapais

What a delightful privilege it is for us to wish you both a wonderful 25th wedding anniversary and many more, Sophie and Abel Bosum. Congratulations and best wishes. Truly, "Marriage should be honored by all..." Hebrews 13:4. With love and prayers, Rev. Chuck and Sandra Morton of Chapais

#### 104-GRADUATIONS

Congratulations to Lance Brown, son of Wilson and Barbara (Jolly) Brown, who graduated Grade 12 from Jane Collins Academy, Hare Bay, NFLD. Lance will be attending Memorial University of Newfoundland in the fall to pursue

his studies in Computer Engineering. We wish him the very best and all our love from Mom and Dad.



Congratulations to Thomas B. and Naomi B. on their graduation day on June 22, 2000. I am really proud of you both. This is just a new beginning. Fulfill your dreams and ambitions to the fullest. You can succeed! Never give up. Love ya, Weena B.

Congratulations to Bessie Mayappo who will be graduating high school on July 15. Remember what I told you, that anything is possible if you believe in yourself. So you did it, girl! Love always, your sis Demerice On July 15 our youngest daughter Bessie Mayappo will be graduating high school. We just wanna wish you all the best and we're very proud of our little girl. Love always, Mom and Dad

We want to wish congratulations to our sister Bessie Mayappo who just got her high school diploma. Love always, your sisters Margaret, Lydia, Virginia and Brenda

Congratulations going to my Mommy, Bessie Mayappo, who just completed high school on July 15. I know that school wasn't easy when I was born but no matter what you still did it. I love you with all my heart. from your son Jesse

#### 105 OBITUARIES

In loving memory of a dear mother and best friend Isabel Tomatuk, who passed away on July 10, 1993. Your time came sudden, not even time to say goodbye. How I miss the times me and you have shared together. I will always cherish those moments. Not a day goes by that I truly think about you and deeply miss you. The tears in my eyes I cannot wipe away.

You will forever be in my heart, my dear mother and best friend. Rest in peace till we meet again... sadly missed by your daughter... Dorothy

200-ANNOUNCEMENT

Nearly new beautiful Chantilly white lace bridal gown. Mandarin collar with a deep "V" lace insert. Long, tapered sleeves with dainty cuffs. Full, gathered skirt accented at the back with shimmery, satin bow. Satin ribbons and alencon lace set this dress off to perfection. Size 13-14. Call Sandra Morton (418) 745-2684

Looking for someone to sublet a large 51/2 unfurnished apartment on Nun's Island in Montreal. Available anytime, ASAP. Until September 30. If anyone is interested, please call 418-745-3951.

Looking for a roommate to share a large 5 1/2. Must be a student or professional and a non-smoker. Good location near downtown and all amenities. Call 849-2553.

Anyone that has pieces of hide. Tanned or not tanned. Can they send it to me in Montreal. I use it to wrap my dreamcatchers. Thank you. My adress is, Robie Nichols, 1923 St. Germain, Montreal Est Quebec, H1W 2T5

#### **300-PERSONALS**

30 year old male, 170 cm, brown eyes, handsome Malaysian, speaks English and Malaysian, looking for female/life partner. Any race, age 20-30. Contact Mr. Farooq Hanjra 7789 #4 Querbes Ave. Montreal, QC H3N 2B9 em a i l: HANJRAFAROOQ@hotmail.com



To my true one and only, Mr. B., just a short note to remind you that I still think about you and miss being close to you. I just can't help myself. Hope we get a

chance to meet again someday soon. Can't wait to see you again. I love you and miss you like crazy. I'll be waiting for you! Take care, your sweet Madame

To Mr. B., I just wanted to drop a few lines to let you know that I am thinking about you and miss talking to you. I miss your company. It means a lot to me to have you near me and to hear your voice. Call me sometime soon. Don't forget, you're still the only one for me, from Madame Blue

I just wanted to say hello to Joyce and Diane here at the office seeing as we receive the Nation regularly, I though I would put this in. From you know who! Co-worker

Congratulations to my sister Demerice and cousin Elsie Mayappo for finishing the journey through the Heart of Eeyou Istchee in Nemaska. You did it girls. I believed in you 100% Love always, Bessie

I would like to say hello to my friends in Waskaganish Lori Morrison and Edith Hester, Jamie Jacob, Suzanne Hester. Gina Blackned and others. I hope all of you are doing ok. God bless you.

To my parents David and Anna Bosum, i have gone through so many stages. Changing ideas and goals, while searching for the right kind of life for me. You were always ready to help me at all times. It must have seemed like I would never follow one straight path. But now that I know what I'm doing and where I'm going, I can only show you my extreme appreciation for your support by being true to all the ideals and values that you tried to teach me. Thank you forever for standing by me, I will love and appreciate you forever. Truly, Naomi

Wayne Bobbish, Matthew Sam, Ryan Sam, Bobby Napash and Jordon Coonishish in Timmins, Ont. We drive ourselves crazy thinking about you guys! Hey, what's up? Hey thugs! How's life in Timmins? Keep up with school and hockey. Keep following your dreams, wherever they may take you thugs! We spend most of our nights thinking of you guys. Can this be true, tell us can this be real, how can we put in words how much we love you and miss you when you're gone, thugs? Miss you hot guys.

Hey, Jordon honey, when are you coming to visit us in Chisasibi? By the way Matthew, Happy birthday on June 29 and many more kisses to come! Well, see you soon thugs. From girls that're gonna be your girlfriends! PS: Remember we love you and miss you THUGS! Don't quit playing hockey and going to school... XOXOXO

We would like to say hi to Shern-Ann Bearskin and Patricia Dixon in hull. What have you been doing all these months? Well, see you in Chisasibi! From two girls in Chisasibi

I would like to say hello to my best friend who I miss very much from Waskaganish, Shannon Diamond. I hope you're doing fine. As for me, I'm just doing great. Call me girl! I miss you and see ya, friend always, Kerrie Hester. PS. Take care!

We would like to say hello to th eone we miss, Qundin Coon-Come. We hope you come down to Amos. See you and we miss you. Love Brad, Kerrie PS: take care, we love you

I would like to take this time just to say hi to someone I fell in love with . But I never realized it until now. I've succeeded in hurting the first person I fell in love with. I wanted to let you know "I love you" Bruce Lee Whiskeychan. You'll always be somewhere special in my heart. I am sorry Bruce, never meant to hurt you. Hope I'll see you again someday. I really miss you a lot. (Wanna come and visit me?) From, Elizabeth

I just wanted to say hi to the following girls from Waskaganish. Hanna Jane Salt, Claudia W. Clara H. Jasmine J. Cindy S., Catherina H., last but not least Bella J. Hope you girls are getting along cause friends are forever. From Elizabeth Wapachee in Deseronto,

G.T., ever since I came home from Val d'Or I can't stop thinking about you, wondering what you are doing. I hope you're doing ok. I left you standing outside, I took the taxi and looking at you was the hardest thing for me. I wished you could go with me in my room. I will always love you! Remember you always said to me I love you, think about that song by Celine Dion. I hope to see you again soon. I had a great time with you. Hope we can do it again someday. Take care! Love you. I wish you were always in my bed with me. Signed, ME. XOXO

To the most amazing quy I know, Jonathon Ottereyes, happy late birthday (May 24). I miss you and wish you would have said yes to my offer. I love you with all my heart and I'll never forget you. Thank you for everything you taught me. Love always, a girl you met at Gilbert Sport in Val d'Or.

The Commemoration of your Celebration On this day of commemoration celebration will be the key thing. Mother you will be wishing that this day never ends, because we will be in the deep end of this trend, the trend of love that is, not only on this day, but for days and days

and forever more. Mother you have the key the key to our hearts And in our hearts you will find the never-ending door of infinite love. We love you April, From your loving husband Tony, and kids: Amber-lane and Brandon

To my "GooGoo Doreen" Happy Mother's Day! Thanks for everything you do for me. Also thanks for letting me mess up your kitchen during goose break, maybe I'll be a Chef someday. I love you very much! From you grandson Kyle "Caillou"

Happy Mother's Day to my "GooGoo Annie." Thanks for all the nice things you do for me, especially for making my Walking Out Ceremony outfit. I miss you and Joomsoom so much! See you when you get back from the bush. Love Kyle (Nemaska) XOXXO I would like to wish my Mom a wonderful happy mother's day and wish you a happy birthday as well on May 20. I love you and I'm glad I have you as a Mom. Cause whenever I need to talk you're always there, no one can take your place, cause you're the best Mom. With love,

#### **BDO Dunwoody LLP**

Comptables agréés et consultants **Chartered Accountants and Consultants** 

#### 20 years experience serving Cree Nations

4 . 40. 40. 4 del P

DAUL OL PPEVS

4150 Ste-Catherine St. W Suite 600 Montreal, Quebec

Tel.: (514)931-0841 1-800-319-4933 Fax:(514)931-9491

H37, 2Y5 e-mail: info@montreal.bdo.ca

website: www.bdo.ca



VÊTEMENTS & CHAUSSURES Plein air - Travail

1011, 3e Avenue Val d'Or (Québec)

**J9P 1T4** 

Tél. et Fax (819) 824-6454

Owner

Le Coin à Papis Val-d'Or inc. Carpet • Blinds • Paint

Ceramic • Cushion Floor • Hardwood Laminated Flooring • Fabric • Etc. Installation service C.O.D.'s accepted

1488, rue de la Québecoise Val-d'Or (Québec) J9P 5H4

Tel: (819) 825-6923 Fax: (819) 825-0076

#### **CLASSIFIEDS**

Charlene

Grandma Clara, I love you, you love us and we're one big happy family. With lots of love and kisses, happy Mother's day, Love Geoffrey and Candice

400 EVENTS

The 15th anniversary of the greatest retreat for Women and teenage girls is coming soon... September 8-10 at Val d'Or at the Confortel... Quebec Native Women's Ministries Retreat... Theme: Guided by God in the New Millennium... Seminars, Special Music, Skits, Concert of Prayers, Late Night Happening for Teens. Call Registrar Dorothy Gull (819) 753-2745v

#### 500 MISCELLANEOUS

Cakes for all occasions. Over 25 years of experience in baking cakes, special cookies, pies and bread. By special order only. Call Sandra Morton (418) 745-2684

600-LOVERS AND SECRET ADMIRERS

To the gorgeous lady in red, I haven't had much time to call you. I guess you know why. I just wanted to let you know I'm dying to see you. I miss you. I miss hearing your sexy voice. I've been thinking alot about you. Lately I remember the good times we shared together, especially that time at your house on your kitchen floor. Maybe I'll come and see you if I win the lotto 649 next week. From your secret lover

We would like to say hi and hello to three gorgeous guys in Mistissini, their names are Jason S., Sheldon C. and of course, Byron S. Jason, don't go out with lots of girls in Mist., we're here waiting for you Sheldon, there's a girl in Chisasibi who wants to go out with you! We're gonna tell you who when you come back! Byron, sweetheart, don't party too much over there! We're gonna party with you when you come back honey. We miss you guys! Hey guys, remember we're waiting. Love ya! From three secret admirers in Chisasibi. PS Remember, we're waiting! XOXO This goes to someone that I admired for a long time. His name is Reggie Sam'sh. From the first day, I saw you I can't keep my eyes off of you. There's another girl who likes you who's in Waskaganish. You better stay away from her. I'm more woman than she is. You hear that Waskaganish girl, stay away from him. He's mine! From your secret admirer

#### 700-PENPALS

SCF seeking Email pen pals between the ages of 17-22 of any community. I'm 18, 5'7 and I love to make new friends. Looking forward to hearing from you! Dream whisper\_@excite.com (I'll be waiting!)

Hey Cree Nation! Seeking E-mail pen pals. I am SCM 19 yrs of age. I am from ah! can't tell ya! So if you wish to make a new friend, E-mail me at avs\_102@hotmail.com. I will respond your E-mail.

hello to eeyou istchee SCM looking for pen pals throughout the James bay area I'm from ahhh I will respond to anybody who will write ehhgoo deh wachiya e-mail me at roaddog 74@hotmail.com

I would like to say to a girl named Katrina Orr what's up girl just wanted to let you know that I'm thinking of you and I want to get to know you, maybe we can start a friendship. so you can e-mail me at wildthang19@go.com

Hello to all you obsessed emailers out there! (just like me.) I'm a sixteen year old looking tween the ages of 16\_19,male/female doesn't matter!. So if anyone wants to write to me my email ad is:hot\_squaw@hotmail.comhopefully I'll be making new

for new e-mail pals that are be-

hopefully I'll be making new friends in the Cree communities! see-ya! p.s friendship satisfaction guaranteed! (ever sick!)

Hello there Cree Girls, my name is Oreah from Montreal, I am a female. I know that this is gonna sound weird, but lets try this once. Its a trivia, okay this is how it goes. Give me two names from each 9 Cree communities that you think is the cutest boys in the Cree Nation, I'll personally send you the results trough your email addresses by June 21, 2000. okay here is where you will email your trivia at: Oreah\_2000babe@hotmail.com LETS TRY THIS FOR FUN GIRLS.

Looking for e-pals between the ages of 17-20 of the Cree nation male or female, it doesn't matter. I'm 17 soon to be 18. I like to meet new people. and looking forward to hearing from you lovely people! If you want to get to know me better! just write to me

friendly\_2000\_82@yahoo.com I'll be waiting!

LISTEN UP PEOPLE!!!! I would like to say Happy Easter to my family from Great Whale River, my grandparents, my uncles, my brothers, and my loving dad!!! My other family in Chisasibi, My grandparents, my aunties, my cousins, my uncles, and my loving mom!!! And to the cheezo family in Eastmain.... HAPPY EASTER TO YOU TOO... Love Always Andrea xox

SCFs seeking penpals, any gender between ages 22-30 of any community. We look forward to hearing from you so just email

us to frisky\_foxes@hotmail.com or write to frisky foxes C/O P.O.Box 263 Moosonee ON POL-1YO. Hope to hear from you soon, We'll write back ASAP.

HI! We are looking for penpals of any age, male or female. We enjoy receiving and writing letters of the Cree Nation. We promise to rely ASAP. Please write to: Penpal, 244 Riverside Drive, Apt. # 202, Sudbury, Ontario, P3E 1H3 Anyone looking for penpals. Well here is your chance. E-mail me at:Lakiwa69@hotmail.com I'm from one of the 9 cree communities. I'm 17 years old/female. I'll be interested to hear anyone.It does'nt matter female or male. (any age). So i'll be looking forward to hear someone. E-MAIL PALS WANTED:age doesn't matter, m/f? still doesn't matter. just e-mail me soon or when you can.i will answer every of them. one v\_005@coolgroups.com

Hey Cree Nation! Seeking E-mail pen pals of only one gender and that is female. So if you're the kinda girl who is looking for that special someone, a friend, here's your chance. I am SCM 19 yrs old and I'm from, No way! So just write to me at NK\_007@excite.com and I'll be the one you enjoy sending E-mails to.

Seeking email pals between the ages of 17-23. male/female. Anyone would like to reply to me please email me at Glacier@hotmail.com. Hoping to hear from you soom. Peace.





facing the new millennium

#### We offer:

- writing
- translation
- editing
- proofreading
- multimedia
- PowerPoint

- . photography
  - graphic design
  - project administration
  - pre-press & printing
  - film & video

...and peace of mind

5<sup>th</sup> Annual Cree Nation Fitness Challenge (CNFC)

# "Where the Elite Compete"

Date: July 28, 29, & 30, 2000 Registration Deadline: July 21, 2000

This year there are two categories: Competitive and Recreational

Inscription Fees: Competitive: \$500

Recreational: \$400

The inscription fees for the champions of the last two Fitness Challenges will be paid by the CNFC organization for this year's competition. (Only in competitive division)

Ages: 16 & up

\* 16 and 17 yr olds must have signed parental consent in order to compete.

COMPETITIVE	MEN	WOMEN
Swimming	1Km	1 Km
Cycling	20 Km	15 Km
Portage	1Km	0.5 Km
Canoeing	2 Km	1 K
Running	10 Km	7.5 Km
TOTAL	34 Km	25 Km

RECREATIONAL	MEN	WOMEN
Swimming	0.5 Km	0.5 Km
Cycling	10 Km	10 K
Portage	1 Km	0.5 Km
Canoeing	1 Km	1 Km
Running	7.5 Km	7.5 Km
TOTAL	20 Km	19.5 Km

#### The champions of last year's Fitness Challenge are:

Women's division-Stephanie Mianscum, Mistissini, 1h 59min 44sec





Men's division-Kenny Gunner, Mistissini, 2h 05min 50sec

\* Watch for our posters-they will be in every community and list the prizes and official sponsors of the event. \$100 cash prizes will be awarded to the first place winner in each event. Trophies & plaques will also be awarded. Prize money may vary depending on the number of participants.

Are you up to the Challenge?

For more information contact Norman Wapachee at (819) 673-2512 The organizer of the CNFC extend invitations to other Aboriginal groups across Canada